

<p>RC #001</p> <p>You decide to support equal pay for women at your job. Gain 2 points</p>	<p>RC #002</p> <p>You and your friends decide to launch a social media campaign to call the attention of your government about the need to provide water access to a locality without this basic service. Gain 1 point</p>	<p>RC #003</p> <p>You know there is a locality at risk of a climate disaster, however you don't raise the issue upon any authority. Lose 2 points</p>	<p>RC #004</p> <p>You became a supporter of Zero Hunger Challenge (ZHC) by joining the Global Movement for Zero Hunger, pledging to advocate and make a difference in your daily life. Gain 2 point</p>	<p>RC #005</p> <p>You prioritize the purchase of organic and seasonal fruits and vegetables from local producers. Gain 3 points</p>
<p>RC #006</p> <p>As part of your strategy for a more conscious food consumption, you start to plan your weekly menu. Valuing regional, traditional and seasonal production. You also search for recipes that use all parts of the fruits and vegetables. Gain 3 points</p>	<p>RC #007</p> <p>You have sexual intercourse with multiple partners without using any contraceptives: Lose 3 points</p>	<p>RC #008</p> <p>You have decided to stop smoking cigarettes: Gain 1 point</p>	<p>RC #009</p> <p>You drive under the influence of alcohol: Lose 2 points</p>	<p>RC #010</p> <p>You believe awareness is the first step to action. You decided to volunteer for UN World's Largest Lesson initiative, introducing the SDGs to children and young people at schools and uniting them in action. Gain 3 points</p>
<p>RC #011</p> <p>You know education is the key to empower people to live a healthier and sustainable life, to reduce inequalities and to reach gender equality. So you vote for governments that place education as a priority in both policy and practice. Gain 1 point</p>	<p>RC #012</p> <p>You speak up and demand that your company start to engage and invest resources in the development of educational tools and facilities. Gain 1 point</p>	<p>RC #013</p> <p>You do not stereotype women and respect their ideas. Gain 1 point</p>	<p>RC #014</p> <p>You are a manager and you promote and empower female workers to prepare themselves for leading positions. Gain 1 point</p>	<p>RC #015</p> <p>The National Statistical Service of your country knocks on your door and asks for 30 minutes of your time to answer an official research on key indicators for your government. You refuse to answer it because you are too tired. Lose 2 points</p>
<p>RC #016</p> <p>You take seriously and empower women candidates for political positions in your city, state and country. Gain 2 points</p>	<p>RC #017</p> <p>You choose the most water efficient faucets and showers in your newly built home and install a system of reusable water for the toilets. Gain 3 points</p>	<p>RC #018</p> <p>You choose your hotel brand based on their facilities and installed technologies for saving water, even if this brand is a little bit more expensive than the cheapest ones. Gain 1 point</p>	<p>RC #019</p> <p>You choose your candidates for politicians based on their concerns for investments in sanitation. Gain 2 points</p>	<p>RC #020</p> <p>You incorporate solar panel technology into your housing. What a smart idea to shift away from a conventional electricity source. Gain 3 points</p>

<p>RC #021</p> <p>You are the one to engage others in your community to create a Mediation Centre. The goal is to reduce violence and prevent conflicts. Gain 3 points</p>	<p>RC #022</p> <p>You decide to buy an electric car to become more sustainable. However, in your country, the largest share of electrical energy produced comes from coal mines. Lose 1 point</p>	<p>RC #023</p> <p>You shop smart and support fair-trade brands and products. Gain 2 points</p>	<p>RC #024</p> <p>You only encourage tourism that is sustainable and respects the local habitants. Gain 3 points</p>	<p>RC #025</p> <p>You, as a business owner, refuse to give full labour rights to your employees: Lose 2 points</p>
<p>RC #026</p> <p>You donate money to academic and scientific institutions that promote domestic technology developments, research and innovation: Gain 1 point</p>	<p>RC #027</p> <p>You decide to install solar panels in your home: Gain 2 points</p>	<p>RC #028</p> <p>You have the power to influence decisions about the adaptation of the infrastructure in your work in order to make it more resource-efficient. However, you decide not to do anything about it. Lose 3 points</p>	<p>RC #029</p> <p>You support migration policies that criminalize migrants and refugees. Lose 3 points.</p>	<p>RC #030</p> <p>You organize a monthly gathering with friends and neighbors to raise awareness of discriminatory legislation in your country, and collectively think and seek to implement lines of action to counter them. Gain 2 points</p>
<p>RC #031</p> <p>You pay your taxes regularly. Government will use tax to fund the development gaps. Gain 2 points</p>	<p>RC #032</p> <p>You organize a community clean-up of your local park: Gain 2 points</p>	<p>RC #033</p> <p>You create a carpool service for yourself and your colleagues at work: Gain 1 point</p>	<p>RC #034</p> <p>You petition your local counsel to impose stricter regulation on renting prices to avoid gentrification of neighbourhoods. Gain 2 points</p>	<p>RC #035</p> <p>You start to rethink the way you consume goods and engage in alternatives to cut down your garbage production and have a more conscious lifestyle. Gain 2 points</p>
<p>RC #036</p> <p>You volunteer to develop capacity building programs in least developed countries. Gain 2 points</p>	<p>RC #037</p> <p>You are a food entrepreneur willing for new opportunities of sustainable business. After research you decide to invest in a junk-free store, a market that encourages consumers to take their own containers to make their purchases. Gain 3 points</p>	<p>RC #038</p> <p>You prioritize the purchase of organic and seasonal fruits and vegetables from local producers. Gain 3 points</p>	<p>RC #039</p> <p>As part of your strategy for a more conscious consumption of food, you start to plan your weekly menu. Valuing regional, traditional and seasonal production. You also search for recipes that use all parts of the fruits and vegetables. Gain 3 points</p>	<p>RC #040</p> <p>You organize an accountability circle with two friends to change one aspect of your life that contributes to achieving the SDGs. Gain 2 points</p>

<p>RC #041</p> <p>You always ask for a straw and plastic bag at the cafe. Lose 1 point</p>	<p>RC #042</p> <p>You eat less fish, poultry, beef and pork and starts meatless Monday. Gain 1 point</p>	<p>RC #043</p> <p>Congratulations! You and your community group are in the <i>Global Environment Map</i>, since you registered the community activities in the global campaign <i>Clean Up the World</i>. Gain 3 points</p>	<p>RC #044</p> <p>Plastic represents more than 80% of the waste found in the oceans. About 1 million plastic bottles are sold each minute. You research on easy things you can adopt in your routine at home, in your neighbourhood and at work to address this problem. Gain 3 points</p>	<p>RC #045</p> <p><i>The Ocean Conservancy's International Coastal Cleanup</i> is the largest volunteer event of its kind. Each year, thousands of volunteers from around the globe participate, clearing tons of trash from coastlines, rivers and lakes and recording every piece of trash collected. This year you decide to join this initiative! Gain 3 points</p>
<p>RC #046</p> <p>You refuse to buy products made with parts of animals such as elephants, pangolins and rhinos. Gain 2 points</p>	<p>RC #047</p> <p>You are renovating your home and decide to buy only certificated wood from reforestation initiatives in your country. Gain 3 points</p>	<p>RC #048</p> <p>You decide to call the authorities on one of your neighbours that keeps endangered species locked in his home as pets. Gain 1 point</p>	<p>RC #049</p> <p>You decide to support an initiative in your country that provides assistance to refugees. You start to work as a volunteer teaching your mother language. Gain 3 points</p>	<p>RC #050</p> <p>When you declare your annual tax income, you omit some of your profits. In addition of being a crime, tax evasion directly affects the capacity of investments in key areas such as education, health and infrastructure. Lose 3 points</p>
<p>CC #049</p> <p>Your city is known to be the reference in public sustainable practices and you are well aware of most of them. How could you help other neighboring cities with your knowledge?</p>	<p>CC #050</p> <p>A foreign delegation comes to your institution, hoping to learn from your best practices. How could you convince your co-workers to join efforts to help them out?</p>	<p>CC #001</p> <p>Civil servants in your country have a huge difference in wages, even though they perform similar activities. How could you lead an initiative to eliminate these differences?</p>	<p>CC #002</p> <p>Energy prices start to rise in your country due to the energy transition to greener technologies. Share two arguments you can use to convince your neighbors to reduce their energy consumption.</p>	<p>CC #003</p> <p>A hotel has just opened in your city. It is being marketed as an eco-friendly hotel with advanced water saving technology available. The prices are, however, a bit over the average of the other city hotels. Please share your arguments to convince your friends and work associates to stay at this hotel when they come to your city.</p>
<p>CC #004</p> <p>Your community is in desperate need for more women leaders. Please share at least 1 action you can develop yourself to empower women to become leaders.</p>	<p>CC #005</p> <p>You possess a valuable work skill and is willing to teach it to someone in a disadvantaged situation who could profit from that knowledge in the labor market. Which would be your first step in achieving this challenge?</p>	<p>CC #006</p> <p>You have an above average knowledge on mathematics. You are aware that young students in your country are not doing well in this subject when compared to other countries. Describe how you could help to change this reality.</p>	<p>CC #007</p> <p>You become aware that some specific economic activities are run by women, the poor or other vulnerable groups. Give 1 example of how could you empower them to become more financially independent.</p>	<p>CC #008</p> <p>As a Zero Hunger Challenge (ZHC) supporter you are committed to work towards the achievement of SDG number two. Please, share with us one of the initiatives you are engaged in or that you wish to engage in the near future.</p>

<p align="center">CC #009</p> <p>Do you know which are the fruits and vegetables of the current season in your country/region? Please share 1 example with your peers.</p>	<p align="center">CC #010</p> <p>After briefly searching in the internet, you came with your top ten strategies to reduce your FOODPRINT. Please, share 2 of them with your peers.</p>	<p align="center">CC #011</p> <p>In your country, Sexually Transmittable Diseases (STDs) are a huge threat. Please name a personal action you could undertake in your community to reduce the rate of infection.</p>	<p align="center">CC #012</p> <p>You become aware of the huge trash waste that comes from dischargeable menstrual collection devices, such as tampons. Share one initiative you could lead in order to reduce such waste.</p>	<p align="center">CC #013</p> <p>It comes to your attention the abysmal numbers of people injured and killed in road accidents due to alcohol related accidents. Share an action you could undertake to tackle this problem.</p>
<p align="center">CC #014</p> <p>As a global educator you have been using social media to foster awareness regarding the SDGs. What is the main message you have been spreading out?</p>	<p align="center">CC #015</p> <p>As a NGO partner you have been developing strategies aimed at the younger population to foster the importance of education within local communities. Please share one of those strategies.</p>	<p align="center">CC #016</p> <p>You have been encouraging your company to work with civil society and to find ways to help local communities achieve the SDGs. What are the two main strategies used to do so?</p>	<p align="center">CC #017</p> <p>Often women have to speak up so their voice is heard, this is a reality especially in the workplace. Please share at least two actions that you can promote to raise awareness about gender equality in your workplace.</p>	<p align="center">CC #018</p> <p>Women's ideas are usually taken less seriously than men's ideas, especially in the workplace. Please share at least two actions that you can promote to raise awareness about this issue in your workplace.</p>
<p align="center">CC #019</p> <p>The lack of women in politics in one of the key reasons behind gender inequality. Please share three actions you can promote in your community to convince more people to vote for competent women candidates.</p>	<p align="center">CC #020</p> <p>After a water scarcity crisis in your city, the local water supply company raises water prices. Your friends and family are keen on saving water for economic reasons. Please share other three reasons, other than save money, why they should adopt water saving actions.</p>	<p align="center">CC #021</p> <p>Despite the lack of adequate sewage systems in your community, there are no candidates running for political positions willing to include this as a priority in their agenda. Please share two good arguments that could convince the candidates to include sanitation in their agendas.</p>	<p align="center">CC #022</p> <p>You become aware that LED lamps are more sustainable due to their longevity and lower consumption. They are, however, more expensive. Share your strategy to convince your friends to change their lights to LED.</p>	<p align="center">CC #023</p> <p>You live in a country where 85% of the electrical energy produced comes from renewable sources. How can you convince your employer to switch its fleet of corporate cars to electric models?</p>
<p align="center">CC #024</p> <p>You start to notice that large chain restaurants, with good food and cheap prices, start to dominate the gastronomic scene in your city. Share two reasons to convince your family to keep eating at local, smaller restaurants, even though they may be a bit more expensive.</p>	<p align="center">CC #025</p> <p>It comes to your knowledge that the company you work for does not pay labour rights to the lowers wage employees. Share the strategy you use to approach the upper management on this issue.</p>	<p align="center">CC #026</p> <p>Rent prices in your city, which is very touristic, soar after a mobile app for accommodation of tourists is launched. Share two arguments to convince the local parliament to better regulate this new business to protect local residents and keep tourism sustainable in your city.</p>	<p align="center">CC #027</p> <p>Give 1 idea of how the infrastructure of your neighborhood or city could be improved to be more resilient to climate change.</p>	<p align="center">CC #028</p> <p>A start-up company begins operating in your city with shared bike rentals. Share two good arguments to convince your co-workers to sell their cars and ride these bikes to work.</p>

<p>CC #029</p> <p>Imported goods were always the choice of your community due to its higher quality standards. However, in the last few years, national products became as good as those, even though the general public is unaware of this fact. Share a strategy to convince your friends to change their shopping habits to support local industry.</p>	<p>CC #030</p> <p>You have a work colleague who is a refugee and suffers from unequal treatment because of that. Share two strategies to mitigate this problem in your workplace.</p>	<p>CC #031</p> <p>You become aware that people of indigenous background in your society are not considered citizens at all. Share an action you could lead to reduce the impact of this government policy.</p>	<p>CC #032</p> <p>Your local park is becoming dirtier by the day due to budget cuts in the city department responsible for its maintenance. Share two actions you could undertake to diminish this problem.</p>	<p>CC #033</p> <p>Having your own car is a status symbol in your community. However, public transportation improved immensely in the last few years. How could you contribute to change the “car culture” that is predominant in your city?</p>
<p>CC #034</p> <p>Large chain supermarkets dominate the food selling business in your community. Share two actions that could mitigate this problem.</p>	<p>CC #035</p> <p>As an adept at the zero waste movement you decide to engage your community. Please, share at least 3 practical guidelines to give people a chance to join the movement.</p>	<p>CC #036</p> <p>As a conscious food consumer, you start a blog to share experiences and motivate others towards a more sustainable lifestyle. Please, tell us about one of the strategies that you have recently posted.</p>	<p>CC #037</p> <p>The textile industry today is the second largest polluter, and many fashion companies exploit textile workers in the developing world. But you are aware about these impacts. Share 2 measures you can implement in your personal life to change this reality.</p>	<p>CC #038</p> <p>You become aware that your favourite brand of consumer goods is also the largest producer of greenhouse gases in your country. Share 2 actions you can make yourself to convince this company to change their industrial standards.</p>
<p>CC #039</p> <p>Because of a TV documentary you discover that your household appliances are not energy efficient anymore. How can you convince the other family members to shop for newer more efficient appliances?</p>	<p>CC #040</p> <p>In your journey towards a more conscious and sustainable lifestyle and as a lover of life below water, you are particularly interested in the initiatives and researches to rethink the use of plastic. Please, share with us at least 3 of the easy initiatives you can adopt, regarding the plastic usage in your daily routine.</p>	<p>CC #041</p> <p>As a blogger and an activist you are committed to spread the message about how important marine life is and why we need to protect it. So, please, tell us why it matters?</p>	<p>CC #042</p> <p>Poaching and trafficking of animals is usually perpetrated or made easier by local habitants that see this practice as their only source of income. Please share a least two ideas for alternative economic activities for the communities who live in these areas.</p>	<p>CC #043</p> <p>Usually when building or renovating their homes, people generally choose the best looking or cheaper wood or stone. Please share at least 1 initiative to convince people in your community to buy sustainable construction materials.</p>
<p>CC #044</p> <p>Trafficking of endangered animals for economic reasons is severely diminishing the biodiversity in wild areas. Please share the most commonly trafficked endangered animals in your country.</p>	<p>CC #045</p> <p>A friend of yours is really interested in taking some action towards the refugee’s crisis. He asked you about some fresh ideas. Please point 1 practical way to help.</p>	<p>CC #046</p> <p>In our daily lives, even without being aware, we commit minor offenses. What are the 2 most common small transgressions in your country?</p>	<p>CC #047</p> <p>As a responsible citizen you are engaged to help those who are in need of legal assistance, but can’t afford to pay an attorney. How can you help? Please, tell us at least 2 possible ways to do so.</p>	<p>CC #048</p> <p>Your government decides to raise taxes on imported steel, causing chaos to the world trade framework. How could you act on this issue in your daily life?</p>